

Popular Japanese Food - Try to make them!

Do you like Japanese food? There are many Australians who enjoy Japanese food and I'm sure you can list some of them. How many can you name?

There are many traditional Japanese foods and I would like to introduce the three (3) most popular foods in Japan.

1. Sushi

Sushi is known all over the world. You can just grab a piece of sushi with chopsticks and dip it into soy sauce. It is truly a mix of flavours in your mouth!

Jamie Oliver Tries VEGETARIAN Sushi | Jamie's Meat-Free Meals

https://www.youtube.com/watch?v=n6y_0Gqcweo



2. Ramen

Ramen is a bowl of noodles served in a soy sauce or miso soup mixed with many kinds of ingredients. The most typical ingredients are slices of pork, green onions, seaweed and egg. The most important part of this dish is the soup. It has amazing tasty flavour.

HOW TO MAKE A SUPER SIMPLE SHIO (SALT) RAMEN

https://www.youtube.com/watch?v=7XNodAh_rpM

3. Onigiri

Onigiris are rice balls seasoned in a variety of ways. Some of them are filled with chicken, vegetables, fish, pork, egg, and can be covered with a piece of seaweed. Some of them have just rice mixed with some sauce, vegetables, beans, furikake, and other simple ingredients.

Tasty Japan - 日本人のソウルフード！おにぎり8選
(8 onigiri flavours)

https://www.youtube.com/watch?v=ioCRhm4V9_A